



Day Programs

Bayley House specialises in supporting individuals with an intellectual disability to live a full, engaged life. We provide rewarding opportunities and facilitate continual learning, enhanced independence and inclusion in our wider community.

In coordination with allied health specialists, we use evidence-based contemporary approaches to inform the style of support we deliver. With a focus on continual improvement we enable individuals with intellectual disability to live a full and meaningful life with choice and control.

We listen to you to understand your goals, likes and interests and support you to achieve those goals and set new ones. Our extensive range of activities develop your potential, your skills and ultimately gives you greater independence and community inclusion.



QQ *I probably wouldn't have had the confidence to be in the fashion parade a few years ago. I've learnt how to create my own clothes and that makes me feel proud of myself. When you've done something for a while and when you see the finished product, it's good. When it's something you've done and designed, it's good.* QQ

– HAYLEY

Activities are available during the day, after hours and on weekends.

We support you to:

- Develop your talents and potential
- Attain new skills
- Be an active member of your community
- Enjoy friendships and social opportunities
- Foster greater independence

Day Programs

Services holistically address all aspects of your life and fall under the following four categories: Live, Create, Learn, and Wellbeing

LIVE:

- Barista training
- Garden maintenance
- Group based social outings around Melbourne
- Bayley Entrepreneurs
- Independent Living Skills
- Life Skills Cooking

CREATE:

- Retail Art and Craft
- Creative Art
- Music, Singing and Song Writing
- Drama – All Star Theatre
- Fashion – including Fashion Parade
- Bayley Babble podcast
- Dance
- Dance Therapy
- Men's Shed Woodworking



WELLBEING:

- Basketball and Netball (GESAC and King Club)
- Gym (GESAC and King Club)
- Swimming at GESAC
- Yoga
- Group exercise such as aerobics and step classes
- Fishing
- Water relaxation (hydrotherapy)

LEARN:

- Computers and iPads
- Garden Maintenance
- Bayley Bean Shed Barista training
- Volunteer work experience: Community Engagement
- Certificate 1 Courses
- Writer's Club (literacy and creative writing skills)
- Media – photography and graphic design
- Assistive Technology (eye gaze)
- Work based skill building

Other Services offered at Bayley House:

Transport:

- Door to door transport service
- Transport within the community
- Cars and mini buses

Counselling:

- 1:1 Counselling
- Group Counselling

Physiotherapy:

- On site Physiotherapy service

Community, Leisure and Recreation

- After hours, weekend and holiday activities

QQ *After leaving the secure structure of the special school system we were unsure about what Hayley would do next. As soon as we arrived at Bayley House we felt we were entering a family. It was not just a building or an adult activity centre, it was so much more. They truly care, not only for their clients but also for their support network. I remember the relief being so overwhelming I was in tears.* QQ

– ANNIE, HAYLEY'S MUM