



Mary joins the team at Sports Conscious

## Community Conscious

How wonderful it is to make new friends in the local area.

Being part of our local community is something we value at Bayley House. We have been in the Bayside area for nearly 70 years and yet some people still don't know who we are or what we do. To continue to develop relationships with new partners is extremely important for us. Our Community Engagement program is providing many opportunities for local business and organisations to get to know us and in turn for us to get to know them.

Anyone familiar with the local area will know that Church Street is currently under construction, making parking a little difficult. This led a local business to come up with a wonderful fundraising idea in support of Bayley House.

Sports Conscious on Church Street, who are very community minded, came up with the idea 'Ditch the car for Bayley House.' Instead of trying to find a park in the limited spots, anyone who shopped with Sports Conscious during the month of May was encouraged to walk or cycle to the store and in return, 5% of their purchase was donated to Bayley House! Great for the environment, great for customers and great for Bayley House!

The involvement of Andy and the team continued as they welcomed Mary Lawrenson, who is supported by Bayley House, to the team. Mary will be undertaking a number of duties including stock replenishment and ensuring that all items are presented in a neat and tidy manner.

The team at Sports Conscious have been planning to be a Bayley House community partner for quite some time but were looking for a creative way to launch the partnership. They certainly succeeded. This is a testament as to why the store has been in business for 39 years — they have been around for nearly as long as Bayley House.

We would like to thank the team at Sports Conscious for their wonderful support and look forward to building upon this fantastic new relationship.

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## CEO message

I recently had the privilege of attending a Hindu wedding. The cultural and religious aspects of the service were of course very different to my own experience. But what really fascinated me was that the ceremony was performed at the Hare Krishna temple in... Danks Street, Albert Park.

Like me, you probably did not know that there is a Hare Krishna temple in Albert Park! The ceremony itself was simple and understated, though it did involve an actual fire on the floor of a two-storey building. I asked the 'celebrant' how the local residents respond to the Krishna temple right there in their street and he said that families generally embrace them or alternatively, just accept them. These Hare Krishnas are their own community; they share common values and beliefs; they look out for each other. But in a curious and much less intense manner they are also part of a broader local community. It may not share their beliefs but it nevertheless respects their right to practise them.

I reflected that community is a word we use quite casually and yet can mean many different things. Bayley House is a community; one which shares a common belief that people with disabilities are a real part of society and enjoy the right to participate as equals and to achieve their potential. But we are part of a broader community as well and sometimes we have the opportunity to be challenged and to think... "So this is a part of my diverse community too!"

Warwick Cavanagh  
CEO

Warwick, Rhonda Whitfield  
and James Newbury



Bernie in the White House

## Change is as good as a holiday!

It is no secret that the ageing population is growing and that demand is high for increased services for retirement aged adults.

This reflects what we also see at Bayley House. Our older participants have been asking for a change of pace while still wanting to be an active part of the Bayley House community. This saw a big change occur last month.

Our corporate services teams which consist of Human Resources, the finance team and communications, events and fundraising have all relocated from 54 Middle Crescent (affectionately known as the 'White House') to 71 Tulip Street, Cheltenham. All of the phone numbers are the same so if you need to contact anyone from these areas rest assured you will still get through!

This move of office has made way for two of our older groups to now occupy the space in the 'White House' and from all accounts, they are loving it. Upon moving into her new room, Susan said, "It's beautiful, I love it."

The staff involved in the move were fantastic, ensuring that everyone felt supported in transitioning to their rooms which have a wonderful, warm feeling. The use of this area has now allowed for the two groups to have more space in a comfortable environment which also provides direct access to garden areas. There is also a dedicated kitchen space which is being put to good use by the Cake Creations group and the many cooking activities that are running during the week.

So, while our older participants are enjoying the slower, quieter pace of the White House they are still able to easily access their same programs and continue to see all of their friends at Bayley House.



Matt is ready to answer your calls

## Every moment has potential

Capacity building and skill development is our primary focus at Bayley House. Given the varying capabilities of our participants, skill development can present itself in many different ways. We like to celebrate all achievements, big or small. The overall goal is that everyone feels supported to try new things, to see the potential in every moment.

In May, the office administration training program began with a roster of 10 trainees answering the phones during lunch time. Each day between 12.45pm and 1.15pm if you call Bayley House you will get to speak to one of our amazing participants. This is a wonderful, informal opportunity that is providing a chance to learn office-based skills such as answering the phones and taking messages. A staff member is on hand just in case, however their assistance has not been required! Bri was a bit nervous at first but once she had answered the first call she commented, "Well that was fun!"

Hands up who likes cooking? The popularity of shows such as MasterChef would lead us to believe that cooking is loved by nearly everyone. It certainly is a huge part of our daily programs with a focus on meal preparation and kitchen skills.

Lachlan has recently joined a cooking group and is currently learning how to chop ingredients. But it is not all fun — he has been doing the dishes too!

A new addition to our cooking roster is the after-hours dinner club. Dinner Club begins at 3pm and focuses on capacity building around supermarket shopping, food preparation and kitchen hygiene. Once the meal is cooking, table setting is the next part of the skill development process — cutlery layouts, serviettes and glasses are all set out ready for dinner.

Unlike the tv show, there's no one behind the scenes to do the clean up so our budding master chefs then make sure the kitchen is left spotless before they head home. Dinner Club is proving to be quite a success, supporting all involved to learn new skills in the kitchen while having a great time sharing a meal with their friends.



Bar receiving our Local Matters certificate

## Charity and community go hand in hand

Grow. Learn. Belong.

These are the words our participants use when describing what Bayley House means to them. In April, using the Grow, Learn and Belong theme, we ran our third Charity online campaign with an aim to raise \$200k in one day. With an amazing response from the community we exceeded that target by raising \$252k!

Volunteers, including family members, board members, Flight Centre, Lakeside Financial and NAB representatives diligently rang around and secured donations.

Ocean Made, mylk café Brighton, LasChicas Elsternwick, Half Moon Hotel, Church Street Traders Association raised funds for the campaign. Coles Bay Street and Coles Hampton went head to head in a fundraising competition and several businesses also promoted the campaign. Grill'd Elsternwick, once again, prepared a delicious lunch for volunteers.

A big thank you to our amazing matching donors, Bill Hodgson, Mansour family, Dalton family, Vulcan family, Pacific Trends International, Lording Family Foundation, Jeremy Ryan and Arlene Murkies, Johnstone Family Foundation, Biccys' Op Shop as well as several anonymous donors, for their generous donations. Thanks to Kay and Burton for our signage. We would also like to thank the generous people who donated on the day including one very special donor committing \$25k.

Funds raised will support Bayley House participants to continue to Grow, Learn and Belong.

Thank you.

# Out and about with Bayley House



## YES, I would like to make a donation!

### My details:

Title: \_\_\_\_\_ First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_

State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email: \_\_\_\_\_

### Please accept my donation of:

\$50  \$75  \$200  \$500 OR \$ \_\_\_\_\_

Please find my cheque enclosed  
(made payable to Bayley House)

OR please debit my credit card:

VISA  Mastercard

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Name on Card: \_\_\_\_\_

Expiry: \_\_\_\_ / \_\_\_\_

Yes, please contact me about making  
monthly donations

**Please return to:** PO Box 113, Brighton VIC 3186

OR scan and email this slip to

**contactus@bayleyhouse.org.au**

OR donate online at

**givenow.com.au/bayleyhouse**

or by phone **03 9982 1500**

**DONATE NOW**

### Please send me more information on:

Wills and Bequests

Becoming a Volunteer

Special occasion giving (donations in lieu of gifts)

Programs and services

All donations of \$2 or more are tax deductible

## Thank you for your support!



52 Middle Crescent, Brighton VIC 3186  
PO Box 113, Brighton VIC 3186



Bayley House specialises in supporting adults with an intellectual disability to live a full, engaged life.



#### LIVE

Daily living skills, promoting independence, positive relationships and connecting with the community.



#### CREATE

Visual and performing arts. It's as much about the process as the end product.



#### WELLBEING

Physical health and emotional wellbeing. We listen, create opportunities and offer choices.



#### LEARN

High quality, accredited courses and in-house activities catering to individual skill levels.



#### BELONG

Our homes are warm and welcoming. We foster social relationships and participation in all aspects of daily living through active support.

## Dates to remember

### 28 JUNE

End of Semester 1

### 1-3 JULY AND 10-12 JULY

Term Break Activities

### 1-7 JULY

NAIDOC week

### 15 JULY

Start of Semester 2

### 17 JULY

Family and Friends Christmas in July

### 7 AUGUST

Family and Friends Meeting

### 4 SEPTEMBER

Family and Friends Meeting

### 5 SEPTEMBER

R U OK Day

### 20 SEPTEMBER

Footy Day End of Term 3

## Noticeboard

### Hype and Fresh

If you need more fun in your weekend remember that Hype and Fresh run activities fortnightly from Bayley House. Come and join in the fun with such things as karaoke, terrarium making, music workshops, AFL games and much more.

For more information please contact Tess Rouvray on [trouvray@bayleyhouse.org.au](mailto:trouvray@bayleyhouse.org.au) or **0466 848 190**

### Get social with us

If you'd like to stay up to date with what we are doing in between bulletins then follow us on our social media:

Facebook [bayleyhouse](#)  
Instagram [@bayleyhouse](#)  
Twitter [@bayley\\_house](#)



Sarah cleaning the baby baths

## Mum's the word

It is with great pleasure that we have started volunteering with St Kilda Mums. St Kilda Mums is an organisation that rehomes nursery goods to Victorian families in need. They collect, sort and redistribute essential nursery equipment, clothing, books and toys for babies and school age children.

For the last few months William, Harry, Emma and Sarah S have been attending St Kilda Mums on Monday mornings, on a fortnightly basis to assist with their donations.

Given the overwhelming need and generous donations, the St Kilda Mums relocated from their original site in St Kilda to a much larger premises in Clayton. This new building now houses the enormous amounts of products that are sorted through, cleaned and compiled into goods that can be rehoused with deserving families.

The group from Bayley House have been volunteering fortnightly and are very much looking forward to rolling up their sleeves and putting in some more hard work to help sort through the donations.

Emma has assisted with clothing packs which involves sorting the clothing according to age and gender. Sarah has really taken ownership of cleaning the baby bath tubs that have been donated. She does this independently and seems to really enjoy the responsibility. She has also assisted to organise the bottle-feeding packs.

Harry and William have assisted with recycling duties, as well as with unpacking and sorting deliveries such as children's and adults' toothpaste and tooth brushes into the correct tubs.

The St Kilda Mums provides an invaluable service. It is great for us to be able to volunteer with them and learn how they support the community. Not only does volunteering help to build our skills but it also educates people on who we are and what we do. We are very much looking forward to developing a routine and getting to know the staff and other volunteers. If you would like to find out more about them please visit [stkildamums.org](http://stkildamums.org)



Our first day at St Kilda Mums

## News *roundup*



Your support means everything!

### A very big thank you

Our Volunteers and Supporters Thank You function was this year held for the first time during National Volunteers Week on 20 May 2019. This annual event is an opportunity for Bayley House to acknowledge, thank and honour those who contribute to our organisation.

This year the recipients were:

#### Silver Emblem

- Claire Dennis
- David Calver
- Richard Dalton
- Rhonda Whitfield

#### Silver Emblem with Wreath

- Margot Broadway
- John Houghton
- Jenny Nuttall
- Kristy Gathercole

#### Community Partnership Award

- Biccys Opportunity Shop

### Staff news

It was with much sadness that we said goodbye to two of our staff members. Michelle Kerrs, Team Leader of our Short Stay House. We thank Michelle for her professionalism and contribution over the last five years. We also said goodbye to Courtney Brouwer who was with us for five years and for the past months was undertaking the role of acting Program Manager. We wish them both well in their new positions. It wasn't all farewells however as we celebrated Belinda Singh and her husband welcoming baby Annabelle in April and a big congratulations to Kelly Smith who married her partner in May.