

All in a days work

No two days are the same at Bayley House, with a variety of programs always on the go we are a thriving hub of activity. Below is a wrap up of some of what has been achieved in 2019.

We now have five Certificate 1 courses with 33 individuals enrolled. We also proudly have 15 graduates of Certificate 1 in Transition Education. Individuals participating in this program are given the opportunity to build skills and gain formal qualifications.

The Bayley Baristas are proving that the art of making a delicious flat white is well under control in their capable hands, with 15 of our clients now trained in using a commercial coffee machine. Along with being great baristas, their customer service skills have also risen like the foam on a well made cappuccino. Come and visit our pop up café at St Stephens Church and experience the coffee for yourself.

A group of seven males with Autism are now successfully engaging in an activity to assist them with building confidence in using public transport. People who live with Autism can struggle with sensory issues, crowds and noises so the idea of boarding a train can be quite overwhelming and daunting. After weeks of a 'little and often' approach the program participants went from being very unsure to confidently boarding a train and even trying out a tram.

Water Relaxation is now a weekly program with 17 individuals taking to the pool. The program is designed by physiotherapists and supported by Attendant Support workers in the

hydrotherapy pool at GESAC. Water Relaxation allows individuals with high support needs and mobility issues to stretch and relax their bodies. Individuals are noticeably more relaxed in the activity, with many engaging in a way they would not normally in other activities.

22 individuals have taken up a quieter and slower paced option at our 54 Middle Crescent site. Bayley House is delighted to have the capacity to offer individuals a quieter and more relaxed environment to enjoy.

We look forward to what 2020 will bring to Bayley House!

CEO message

Spring is in the air and Melbournians come out of hibernation.

Funny how, whilst by most standards we are lucky to endure a relatively mild Winter (just don't ask a Sydneysider), nevertheless we emerge in the latter part of the year as if we have been locked away for months. Spring is of course the season we associate with growth and new adventures and so it is here at Bayley House. We have recently taken possession of our new Nepean Highway hub which will accommodate our corporate services staff as well as support co-ordination and will also be home to a number of client activities. This is a very positive step forward for us and over the next few years I have no doubt we will see much creativity emerge from this addition to Bayley House.

Our new location took a lot of legal wrangling which was very ably handled on our behalf by Madeline Prior of Prior Law. Madeline has been a good friend to Bayley House before and she certainly proved her mettle with what turned out to be a complex and challenging set of negotiations. Afterwards Madeline commented that she was keen to have a Bayley House client at her office on work placement. The Bayley House family is an inclusive one and a positive one. Good culture and values are infectious... or maybe it's just that like minds attract?! Whatever the case, as the end of another exciting year approaches I wish you the best for a happy, safe and joyous festive season.

Warwick Cavanagh CEO



Warwick with Andrew at the Writers Launch.



Completely engaged

2019 has proven to be a successful year for our Community Engagement program. Bayley House is leading the way demonstrating the successful implementation of inclusive work practices and showcasing a model for other businesses to replicate.

A number of new community partnerships were established, increasing the opportunity for our clients to learn new skills across a variety of different work environments. Our partnership with Coles expanded to the Hampton store, offering a space for more of our clients to learn retail customer service skills as well as product replenishment.

A smaller group heads off to Collingwood each week to get hands on with Ocean Made Seafood while we now also pitch in at St Kilda Mums, helping to sort through their donations for families in need. Our farm hands spend one day a week at the Collingwood Children's Farm learning about horticulture and also the animals that live on the farm. While working on the farm is amazing, one of the absolute highlights so far was getting to meet Costa from Gardening Australia and appearing in an episode!

Sports Conscious in Church Street, Brighton has proved themselves to be community conscious this past year, not only providing skill development but also encouraging customers to leave their cars at home while fundraising for Bayley House.

Our long-standing working relationship with Premium Health entered a new phase as they moved premises to larger offices which now allow room for us to go onsite and complete our packaging work. Premium Health provide first aid courses Australia wide so as you can imagine, they have a lot of paperwork that needs collating!

Our in-house administration experience is thriving with a number of clients now taking up the lunch time shift in the office. We now have 10 clients across the week, supporting each other for an hour each day to answer the phones and any visitor queries. The sense of pride and ownership over these roles is evident as the clients dress up for their shift, have displayed increased confidence and learnt office-based skills.

We'd like to thank the businesses we have partnered with in 2019 and look forward to working with you again in 2020.



Safe as houses

2019 has been an eventful year for our Accommodation Options with Bayley House successfully navigating the first year of NDIS Accommodation funding.

The preparation of quotes for our resident's second year of planning meetings has become less timeconsuming. David O'Connell, our inhouse financial analyst, has been the driving force for receiving adequate NDIS packages for residents' staff supports. Thanks David!

A pleasant consequence of the NDIS has been the funding of one to one activities for people living in supported accommodation. Residents have attended for example; football matches, music festivals and productions, movies and car shows with staff members of their choosing.

A sensitive appraisal of client compatibility and supports was carried out within our properties. As a result, a number of positive changes were made. It has since been reported by staff that the implemented changes have been successful for those living within our accommodation service.

Alongside the recent kitchen renovation at our short stay house, our other residences have undergone a refresh. Other houses have had painting, flooring and small maintenance work carried out. Our

Fewster Road property has had major garden renovations completed, providing the residents with a new outdoor area that will be perfect for summer with a new pergola and vegetable patches. The residents love getting out and enjoying this new area and are keen to see their veggies grow!

The end of the year is a busy time in our houses, with many people heading home to see their families or joining in at other houses for celebrations. We would like to wish everyone in our Accommodation Options area a happy holiday season, we have many dedicated staff members who work in the lead up to Christmas and even on the day, to ensure that our residents have the best Christmas possible.





Thank you for your support

At Bayley House we are fortunate to have a wide network of passionate supporters who work tirelessly behind the scenes to raise awareness and funds for us.

For many years, Hilda has been spearheading the fundraising efforts of the Residential Raisers. Working tirelessly, Hilda has been the force behind many raffles and also the link between Les Clef d'Or, the concierge association of Australia who named us as their charity partner. We'd like to take this opportunity to thank Hilda for all of her support and also congratulate her on the recent milestone birthday she celebrated.

The Rotary Club of Brighton and their Charitable Foundation have been great supporters of Bayley House for a few years now, previously supporting us to fund a new bus for our transport service. This past year, the Rotarians helped us to build a new kitchen at our short stay house which underwent a large scale renovation.

With this generous support, a commercial grade training kitchen has been installed. The new 'Master Chef hub' is a great success with all who are accessing the short stay house, allowing new skills and confidence to be developed. We can quite honestly say that due to the support of the Rotary Club of Brighton Charitable Foundation - our kitchen rules! Thank You!

Out and about with Bayley House









START YOUR 2020 RIGHT BY MAKING OUR 2019 AMAZING



My details:

Title: First Name:
Surname:
Address:
Suburb:
State: Postcode:
Contact Number:
Email:
Diagram and the street of the
Please accept my donation of: ☐ \$50 ☐ \$75 ☐ \$200 ☐ \$500 OR \$
Please find my cheque enclosed
(made payable to Bayley House)
OR please debit my credit card: VISA Mastercard
Name on Card:
Expiry: /
Yes, please contact me about making monthly donations
Please return to: PO Box 113, Brighton VIC 3186 OR scan and email this slip to contactus@bayleyhouse.org.au
OR donate online at
givenow.com.au/bayleyhouse or by phone 03 9982 1500
DONATE NOW
Please send me more information on:

- ☐ Wills and Bequests
- ☐ Becoming a Volunteer
- Special occasion giving (donations in lieu of gifts)
- Programs and services

All donations of \$2 or more are tax deductible

Thank you for your support!





Bayley House specialises in supporting adults with an intellectual disability to live a full, engaged life.



LIVE

Daily living skills, promoting independence, positive relationships and connecting with the community.



CREATE

Visual and performing arts. It's as much about the process as the end product.



WELLBEING

Physical health and emotional wellbeing. We listen, create opportunities and offer choices.



LEARN

High quality, accredited courses and in-house activities catering to individual skill levels.



BELONG

Our homes are warm and welcoming. We foster social relationships and participation in all aspects of daily living through active support.

Dates to remember

20 DECEMBER

Last Day of Term 4

6 JANUARY

Bayley House Office Opens

15 JANUARY

Day Program Staff Commence

16 JANUARY

Clients Commence

27 JANUARY

Australia Day Holiday

9 MARCH

Labour Day Holiday



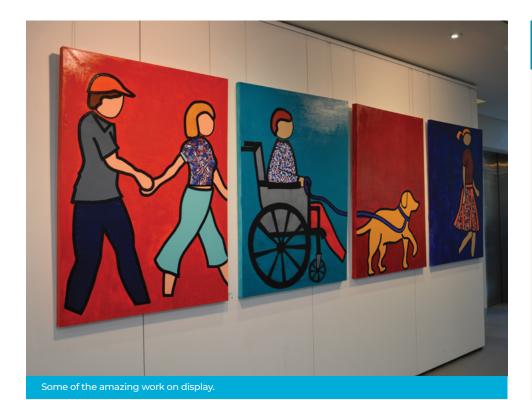
Noticeboard

Last minute gift

For those of you who used to purchase a copy of the Entertainment Book, please be aware that it is now digital! That's right you can get it on your smart phone. Head to www.entertainment.com.au/orderbooks/1823x48 to treat yourself or pick up some last minute gifts.

NDIS reminder

A reminder to notify Bayley House if you have an upcoming NDIS planning meeting and also when you receive your new NDIS plan. Once received we will organise a new Schedule of Supports (which now replaces Service Agreements and Amendments) to continue with activities within Day Programs, Hype and Fresh and Accommodation.



A moment in time

Our annual art exhibition was opened officially on October 24.

Our inspiration for this year's exhibition was the contemporary artist Julian Opie, whose exhibition we visited at the NGV earlier this year. Julian Opie sees magic in the everyday moments and presents that as a moment frozen in time.

Our artists wanted to capture moments from the ordinary to the extraordinary, from the expected to the unexpected that form the textured collage that is everyday life. This concept of pausing time has enriched our vision of daily experience. When a moment is drawn out and given full consideration it has the potential to take on magical elements that so often go unnoticed.

Many of our artists were inspired to create self-portraits, capturing themselves as they were in that present moment. Some were inspired to capture a moment in a relationship, a significant other, or a place within the community.

The artists experimented with several different modes. Digital photography filters played a significant part in altering a captured moment. As the artists created the work, their attention to how they continued creating new moments in time was highlighted, as they regretted a perceived misuse of colour or felt pride in the finished artwork. Now as they are exhibited, they will again have the magical potential to transform another's "moment in time".

The night was also an opportunity to launch our partnership with The Co Australia, an eco-friendly digital printing company from Melbourne who have turned the artists' work into amazing products such as cushions, tote bags, aprons and pencil cases. Even better is that a portion of the sales comes back to us as fundraising.

Thank you to everyone who visited our exhibition and purchased products, your support means so much to our artists.

News roundup

An Envision for all

Well done to our very own Katherine Mansour who recently won an art competition held by Envision Systems who are the software providers of our database. Katherine's colourful abstract piece was chosen out of countless entries that came from all across Australia. The artwork will be displayed in their board room and also used on their end of year celebration cards.

Vale

Kevin Burke

It was with much sadness that we learnt of the passing of our dear friend, Kevin Burke on August 22. Kevin was a long standing and much-loved member of the Bayley House community with a number of very close friends in both our Day Programs and his home within our Accommodation Service. Kevin was a man who loved to smile and who loved to sing. It was our absolute honour to have Kevin with us at Bayley House for 56 years and he will be missed by all.

Sally Stewart

Sally Stewart, who was a muchloved staff member at Bayley House for over 30 years, passed away early on October 21.

Sally had a connection to Bayley House long before starting with us as an instructor. From here she became Workshop Manager and eventually made her way into the office where she handled all of payroll, finance and office duties.

Sally dedicated much of her life to the clients and community of Bayley House, attending client camps and quite often baking her famous scones for our fetes. Sally was a member of the Bayley Birds auxiliary and Kylie Myles-Grabusnik's sister. Sally will be fondly remembered and missed by us all.

That's a wrap

We'd like to thank everyone in the Bayley House community for your support during 2019. We are very fortunate to be surrounded by passionate, supportive people who want the best for our clients. Thank you to our dedicated staff team; from our drivers to corporate services, all of our managers, team leaders and support staff – we truly do have some of the best people working at Bayley House. Have a safe and happy holiday season and we look forward to seeing you in 2020.

