



Gardening is a healthy, stimulating activity that can be enjoyed by anyone. For people with a disability it can provide a source of exercise, friendship, stimulation and relaxation.

Many plants have sensory and textual qualities and growing your own vegetables promotes greater understanding of nutrition, encourages inclusion of more vegetables in your diet and builds a sense of pride.

For these reasons, Bayley House offers several gardening programs that promote a 'Plot to Plate' approach. Three large vegetable garden plots are located at the rear of our Middle Crescent site and groups from Bayley House regularly attend the community garden at Trinity Church in Black Street Brighton. In addition, many groups also grow herbs in pots in outdoor activity spaces.

When the vegetables and herbs are fully grown, they are harvested and either used in the one of the many cooking programs Bayley House offers, or are taken home to be eaten. Crops have included pumpkins, corn, silver beet, tomatoes, carrots, beans, lettuce and lots more.

Gardening programs promote improved communication and social skills, develop motor skills and increase overall physical fitness. Gardening is a great way to relax and reduce stress levels and is a wonderful leisure activity where tasks and routines can be varied and shared.



CEO's message

It is with great delight I say a warm hello again to everyone in the Bayley House Community. The past few months have been wonderful catching up with clients, families and staff whilst I have been in the position of CEO (interim). Recruitment for a new CEO is well under way and applications have closed. The interview process will take place shortly and we will keep you informed of the outcome.

The full transition to Herald Street is well under way with clients commencing activities earlier this term. This replaces Noyes Street and the new facility has a lot of potential to facilitate an increase in the range and number of activities we can offer not only during the week, but also during the evenings and over the weekend. This will be vital when the NDIS is introduced. To ensure we utilise the available space effectively plans to construct additional activity spaces are being developed. More information will be forthcoming in the next few months.

Preparing for the NDIS is ongoing and is supported by a variety of projects including:

- Family Support Project
- NDIS Information & Peer Support Sessions
- Cost analysis of all business areas of Bayley House
- Implementation of NDIS focussed Strategic Plan
- Board Development
- Extensive staff training
- Assessment of Service Delivery models
- Technology Update including client information and finance software systems

So, there is a lot happening and I look forward to working with you over the next few months.

Janet Batey

Janet Batey
Interim CEO

Dates to remember

July



Term 3 commences



Family & Friends AGM



NDIS Meeting

August



Family & Friends Meeting



NDIS Meeting



Family & Friends Christmas in July



Hyman Political Fundraising Luncheon



NDIS Meeting



NDIS Meeting

September



Fathers' Day Stall



Family & Friends Meeting



NDIS Meeting



Art exhibition at Hampton Library opens



Last day Term 3

noticeboard



Bayley house and social media

Over the past 12 months Bayley House has been expanding our presence on Social Media.and we would like you to join us! It's easy – just see the information below.

Facebook

Information featuring our clients, programs and activities and other news is regularly posted on Facebook. Visit our Facebook Page, like us, then 'follow' us to make sure you are kept up to date on all that is happening. Don't forget to share some of our posts with your friends.

www.facebook.com/BayleyHouse

Twitter

Our Tweets keep you up to date on what is happening at Bayley House. Check out our Twitter feed and sign up to 'follow' us.

twitter.com/Bayley_House

You Tube

Bayley House now has our own You Tube page. We have added several videos already and will add more in the future.

youtube.com/user/BayleyHouseVideo

Instagram

If you have the Instagram App on your phone, like our page – you will then receive photos and images relating to Bayley House.

instagram.com/bayleyhouse

LinkedIn

If you are on LinkedIn, you may like to check out our Company Page.

linkedin.com/company/17941031

we look forward to you following us.



A visit by Scott Morrison

The Hon Scott Morrison with clients, staff and Board members

Bayley House has a great relationship with our local state and federal politicians; they are extremely supportive of the work we do and are always happy to promote our service. This support resulted in a visit by the Treasurer in May.

On the morning of Saturday 13 May Bayley House hosted a visit from the Federal Treasurer, The Hon Scott Morrison MP, whilst he was in the electorate of Goldstein. The visit, which closely followed the federal government's announcement that the Medicare levy would be increased by a further 0.5% to ensure the NDIS is fully funded, was coordinated by the office of Tim Wilson MP, Federal Minister for Goldstein.

Tim joined the Minister, along with other local politicians, Murray Thompson MLA, Member for Sandringham, Liberal candidate for Brighton, James Newbury and Liberal candidate for Sandringham, Brad Rowsell.

The Treasurer was welcomed by Vice President John Lawrenson and clients, Bri, Peter, Cassice, Kurt and Mary. They were joined by several members of the Board and Senior Management team.

Bri, Peter, Cassice, Kurt and Mary quickly took charge giving the Treasurer a tour of Bayley House. They proudly showed off all the program areas, talked about the different activities they participate in and chatted about everyone who attends Bayley House.

He particularly loved the art area and even bought one of Mary's paintings.

Refreshments were served in the Glassborow Wing at the end of the tour. This provided the Minister with the opportunity to watch a video about Bayley House and discuss the additional NDIS funding announced in the budget. In turn, staff and Board members were able to share their experiences in preparing for the NDIS providing feedback about the benefits and challenges of the scheme.

By pure coincidence the day of the tour was the Minister's birthday. We could not let this pass unnoticed, and in true Bayley House fashion, celebrations were afoot with the Treasurer being presented with a cake and a gift.

Bayley House is very appreciative of the time Scott Morrison spent with us and is grateful to Tim Wilson for arranging this unique opportunity. The visit was highly successful and received wide coverage via social media. The Treasurer even mentioned his visit to Bayley House in Parliament Question Time on Monday 21 May.



Bri presents a gift to the Minister



Clients help the Minister blow out the candles



Bayley hub at Herald

Earlier this year our vocational activities and several other programs moved from Highett to Cheltenham. This has signalled the start of a new era and will ensure there is plenty of room for expansion of services as the NDIS approaches.

The move to the new property, located at 135 Herald Street in Cheltenham, was necessary as we had outgrown the space at the Noyes Street facility. The new building offers several very good working spaces and a large open space towards the rear. There is significantly more space available and once fully operational, the site can be utilised in the evenings and on weekends. This is important and will have significant benefits once the NDIS is rolled out to the Bayside area in April next year.

The Move to Herald Street

The full transition to Herald Street will be completed over several stages; the first of which was the move out of Noyes Street and preparation of the new site for occupancy. This work was undertaken over the Christmas holiday break and during the first few months of the year. Toilets with disabled access were installed at Herald Street, furniture and equipment were

relocated, the wiring for internet cabling was completed and repairs were undertaken to ensure compliance with occupational health and safety standards. The work was finished in April and client activities commenced at the new site on Monday 1 May.

Currently around 30 clients attend Herald Street each day and are enjoying the new surroundings. This number will increase over time as dedicated activity spaces are developed and more programs are introduced.

JobWorks

Herald Street caters well for the JobWorks activities enabling a range of jobs such as packaging, collating, assembling and stamping to be completed easily. There is also ample room for storage and plenty of space for equipment.

The performance of contract jobs is part of Bayley House's vocation program. Some

tasks are small, others large. Some last for a few days, others a couple of weeks. Several are ongoing. Businesses that regularly utilise our contract services include:

- Biscuit House
- Clinical Labs
- Bayside City Council
- Dawson Moving & Storage
- Australian Caravan Club
- Bizworks and
- Langford Jones Homes

Work tasks are allocated to specific areas of the JobWorks space ensuring the size of the job, the number of people required and access to materials are all accommodated. JobWorks is always on the lookout for new contracts so if you or the company you work for has a job you would like completed, call Belinda on 9982 1571 to arrange a quote.



Mei Sze weighs the biscuits



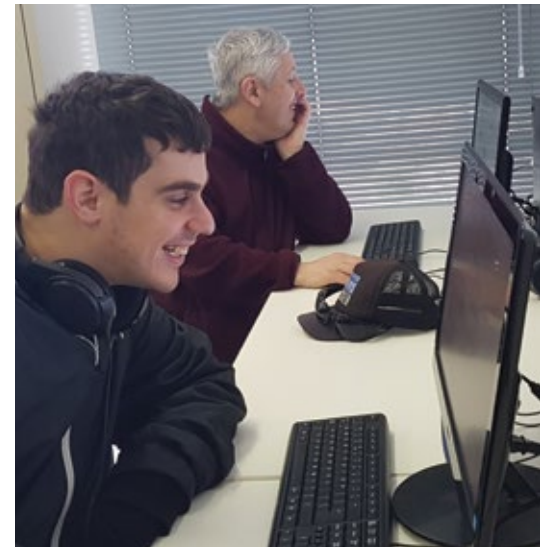
The move to Herald Street



Michael packs the produce



Danny date stamps the stock



Bar (L) and Angus (R) test the computer area

A Variety of Activities

Several computer sessions are conducted daily in the computer area at the front of the building. Ipad sessions and literacy activities also take place regularly and once a reception desk is installed, clients will greet visitors as they arrive. Early next term our Art for Market group will be setting up a dedicated workspace from which they will operate, as well as a sales and exhibition gallery where products made by clients will be available for purchase.

Roller Door Mural

The back area will soon get a funky new feel thanks to local artist David Wignall. David specialises in street art and is currently working with clients to produce a mural design that will be applied to the internal roller door which separates working spaces. Clients will submit images that David will be use to produce a collage with a street art feel. This will then be transferred to the door. It is hoped that the project will be completed by the end of November.

Stage 2 Refurbishment

To ensure the space available at Herald Street is used effectively, plans are being prepared to refurbish the large open area at the rear of the building. Smaller specialised spaces will be created. This refurbishment forms the second stage of the transition to the property and will increase our capacity to accommodate more clients and more programs. Activity areas being considered include an art studio, a training and demonstration kitchen, a break out area for lunch, a training room and an area that will facilitate after hours drama and dance activities.

Funding is being sort from philanthropic organisations and other groups to meet the cost of refurbishment. An open day will be held once the refurbishment are completed.



Lucas completes a mailout job



John gets ready to blow out the candle

JOHN TURNS 50

Cake, balloons and candles were the order of the day when John celebrated his 50th birthday in May. John has been attending Bayley House for over 20 years and gladly celebrated the special day with his friends.



Sophia crochets her magic

SOPHIA'S BLANKETS

Sophia loves to crochet; it is her favourite past-time and a skill she puts to good use. For the past 16 years Sophia has been crocheting blankets for anyone at Bayley House who has a pet. In fact, many volunteers, staff and other clients are the proud owners of a few pet blankets Sophia has created for their cat or dog. She has already made six this year and has 'orders' for at least two more. Over the years Sophia has crocheted over 100 pet blankets; all of which are bright and colourful and made with love. Thank you Sophia!



Sylvia enjoys an iPad session

Changing lives with iPads

All around the world touch devices such as iPads are changing the lives of people with disabilities and special needs. It is estimated that some 40,000 apps have been developed for this demographic and Bayley House is fully embracing the technology.

The use of iPads at Bayley House has grown significantly over time. Less than five years ago a few clients would bring their own iPads to Bayley House and use them every now and again. Now iPads are used each day in all program areas. In fact, more than 15 formal group iPad sessions, and numerous more individual sessions, are conducted weekly. In addition to this, Bayley House is trialling an innovative after-hours iPad program that uses a specific graphic design application.

Sessions focus on using iPads as a communicator, a therapeutic device and an education tool. Specific apps help clients learn about decision making, improve their literacy, allow them to develop visual diaries and calendars, enhance their motor skills and facilitate greater engagement in learning. For many of our clients, iPads have become a real lifeline, breaking down barriers and offering access to new experiences, methods of communication and new way of learning.

Sylvia is one example where the use of an iPad has been life changing. She is non-verbal and never wanted to use an iPad until she observed how other clients used theirs. Sylvia now uses her iPad daily to participate in educational games, complete artwork and take photos she uses to enhance communication with peers and family. She is more motivated and has a new outlook on learning.

Like other clients, Sylvia has found the touch technology intuitive to use and easy to navigate. The interactive and sensory nature of the devices make them more engaging and fun to use. Each iPad can be customised to enhance accessibility for individual clients simply by modifying fonts, colour and brightness or installing touch-to-speak apps and others that amplify sound.

iPads are just one of the many emerging forms of assistive technology that will help better support people with a disability so they can achieve their goals.



Jim with his dog, Ginny and Penny with her dog, Frankie head out for a walk.

Dog Walkers Available

Good friends Jim and Penny have much in common. They have travelled overseas together, are members of the Richmond cheer squad and both share a passion for dogs.

Over the last little while Jim and Penny have been assisting Chloe, a local dog walker, to walk some of the dogs under her charge. However, there's a fair bit of travelling required making it difficult for them to be involved as much as they would like. Always keen to overcome obstacles, they have not let this stop them and have decided to start up their own dog walking service for people living in the Brighton and Highett areas.

Jim and Penny are both very capable, extremely responsible and very reliable. So, if you have a placid small to medium sized dog who needs walking, then Jim and Penny are your 'go to' people.

For more information, call Matt Walsh, Community Development Officer on 0419 336 017.



Finn (L) and Lachie (R) assist Rose in the Fashion Program



Jack (L) and Kurt (R) join Katie in the Smooth Stars singing session

Community Service

For more than 10 years Bayley House has been partnering with surrounding schools to offer students the opportunity to participate in a range of activities as part of their Community Service Program.

Each year around a dozen students of all ages engage in community service at Bayley House with four students attending at any one time. Many are in Year 9 or 10, but some have been as young as Grade 6. The length of service varies with a majority attending weekly or fortnightly for a school term whilst others participate in a one or two week block. Some groups even host functions or community based activities, such as bowling or movie afternoons, which are attended by clients. Other groups hold music concerts for clients to enjoy.

Community service is a win-win situation for both the students and Bayley House. It offers learning beyond the classroom providing students with the opportunity to acquire life skills and knowledge, build greater connections in their local community and learn that they can make a real difference with what they do. This in turn creates a sense of responsibility and pride and often instils a life-long commitment to social action.

“Community service is a great way to connect to people and help out”

Kurt, Xavier College

Our clients also benefit. It is a great cross-generational activity, particularly for older clients who love talking and socialising with the younger students. There is always a lot of sharing of information and social interaction. Student involvement provides one-on-one assistance and helps to enhance program delivery in activities such as music sessions, art, contract tasks, computers and the fashion program.

Participating schools include:

- Brighton Grammar School
- St Leonards College
- Firkbank Girls Grammar School
- Xavier College
- Caulfield Grammar School

Mothers' Day Stall

Mothers' Day is always a special day for everyone at Bayley House; and thanks to Family & Friends, it was made even more special. As in previous years, Family & Friends held a Mothers' Day stall for clients a few days prior to the big day so they could give their mother or female carer something lovely on Sunday morning.

In total over 120 gifts were available for selection; chocolates, wine, plants and lots more. Each gift was wrapped and placed in a bag decorated by clients. A big thank you to everyone who donated gifts and all the volunteers from Family & Friends who helped at the stall.



Sarah selects a gift for her mother



Members of the Rotary Club of Hampton put the finishing touches on the chicken coop



HEN HOUSE HAPPENINGS

Thanks to a grant from the Rotary Club of Hampton, our Leonard Street house is getting some new residents! A fabulous chicken coop now takes pride of place in the back yard ready and waiting for half a dozen chickens to make it their home.

Chickens are now being used as therapy animals for people of all ages due to the calming effect they have on people who experience high levels of anxiety, emotional distress and social frustration. Animal therapy and in particular, chickens, offers a wide array of benefits. Holding a chicken has been shown to calm people with Autism who are easily agitated. Watching chickens feed, take dirt baths, and roam around assists individuals with a short attention span as is a mentally engaging activity. Additionally, keeping chickens can be fun, provide free range eggs, assist in pest control and supply fertilizer for the garden.

The chickens will encourage our residents to venture outside more regularly to watch their methodical scratching and foraging around the yard.

A big thank you to the Rotary Club of Hampton and the Rotarians who volunteered their time to help build the coop. Bayley House is fortunate to have such great support from community organisations like Rotary and sporting clubs. Whilst government funding and other regular income sources enable Bayley House to meet operational costs, it does not extend to new projects nor the improvement and enhancement of programs. Support from community organisations assists in this area.

For more information about how your community service group can get involved, please contact the Fundraising Manager. Ruth Lew on (03) 9982 1537 or email fundraising@bayleyhouse.org.au



Lachlan tells his story in the Tax Appeal letter

2017 Tax Appeal

This year's Tax Appeal was launched in November and features Lachlan's story. Lachlan has been attending Bayley House for seven years and enjoys drama, dance and sport. He also likes to keep fit and every week goes to GESAC with his Bayley House team to play basketball. Spending time with his friends and going to different places in the community is important to him, as is acting and performing.

Lachlan, like many individuals with an intellectual disability, can struggle with the day-to-day tasks that many of us take for granted. Bayley House gives Lachlan opportunities to access programs and facilities in the community, improving social inclusion and acceptance of all people with a disability.

The theme of the Tax Appeal follows on from the outstanding success of the Turning Disability into Possibility social media campaign in April. Lachlan's experiences demonstrate anything is possible.

If you would like to support the appeal, please use the coupon below or contact the Fundraising Manager on (03) 9982 1537 or email fundraising@bayleyhouse.org.au

YES, I/WE WANT TO MAKE A GIFT!



BAYLEY HOUSE

52 Middle Crescent, Brighton VIC 3186
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*All donations of \$2 or more are tax deductible

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☐ Please find my cheque enclosed (made payable to Bayley House)

OR please debit my credit card: ☐ VISA ☐ Mastercard

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☐ Yes, please contact me about making monthly donations

Please return to: PO Box 113, Brighton VIC 3186

OR donate online at bayleyhouse.org.au or by phone **03 9982 1500**

Please send me more information on:

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☐ Special occasion giving
(donations in lieu of gifts)

☐ Becoming a volunteer

☐ Programs and services