



Art continues to be a popular program at Bayley House.

Over the past two years a strong focus on canvas work has resulted in more paintings than ever being produced by our artists. This has enabled us to be involved in a greater number of exhibitions around the Bayside area.

As a result of Bayley House's relationship with the Bayside City Council, our artists have been invited to exhibit their work at several of the Bayside libraries during the year, as well as at the Council offices during December. The first exhibition was held at Hampton Library in February.

Currently 40 pieces of art are on display at the Brighton Library. The exhibition finishes on July 5 and so far the feedback has been fantastic. Some of the paintings will be exhibited at the Beaumaris Library from July 13 – August 9, and others at the Sandy Beach café later in August.

The theme of the artwork in the library and café exhibitions is 'Fins and Feathers'. Each painting has been inspired by the artist's love of the beaches, fish and birds in the Bayside area.

Please visit our exhibitions; they are a fantastic opportunity for our artists to showcase their work to the local community.



CEO's Message

As we move toward the second half of the year it is good to reflect on what has been achieved so far and the tasks we will be undertaking in the next few months.

We are already seeing the benefits of our refurbishment work. Clients are enjoying their new surroundings which are more engaging and better suited to their needs. Groups based at 54 Middle Crescent have been relocated and the building will soon be refurbished for use as an administrative area.

Extensive research has been undertaken into sourcing a suitable Client Database System. The selected system will be very dynamic, improve management of client related information and can be accessed by staff from any Bayley House location. It will assist in scheduling client programs and recording outcomes and achievement of goals, as well as facilitating electronic communications to families. At this stage we anticipate purchasing this system in the next month or so.

Bayley House has finished 2015-2016 in a sound financial position. The Bayley House Foundation is well established and is returning funds towards the cost of capital works. Considerable effort has gone into the preparing the budget for the 2016-2017 financial year. This was presented to the June Board meeting and whilst requiring regular reviews, it will enable us to meet the financial challenges of the next 12 months.

Bruce Salvin

Bruce Salvin
CEO

Dates to Remember

July



Last day Term 2



First day Term 3



Family and Friends
AGM



Family and Friends
Christmas in July

August



Family and Friends
Meeting



NDIS Peer Support
Meeting

September



Fathers' Day Stall



Family and Friends
Meeting



Last day Term 3

noticeboard

65 Year Anniversary

Bayley House is celebrating 65 years of supporting people with an intellectual disability. Since commencing on December 7, 1951 the organisation has grown significantly in the number services offered and number of people we support. Several activities will be held later in the year to celebrate this milestone.

BPAY now available

Bayley House has recently introduced BPAY and all invoices will now include a BPAY option for your convenience.

Still needed - Old Cutlery

If you have any old **metal** cutlery you no longer need, please send it into the Bayley House office marked:

Attention: Kylie





Expanding Working to Potential

Lily helps out at the Family Life warehouse

Working to Potential is an innovative program which provides participants with the opportunity to work in a local business or community organisation for a few hours each week.

Work placements are linked to each individual's goals, their interests and their skill level. Business needs and the types of tasks required are also considered. The placements are undertaken on a voluntary basis however some have led to an ongoing paid position being offered.

The benefits of the program are multiple. Participants learn different skills, meet new people and gain valuable work experience. In turn this builds self-esteem and confidence. Partnering businesses acquire enthusiastic team members, get specific tasks completed and learn the value of working with people with a disability. It's a win-win situation.

Bayley House is committed to expanding the program. Earlier this year Martha McGill commenced in the role of Community Development Officer with the aim of better supporting participants, developing a more comprehensive program and increasing the number of businesses involved. Already this is having an impact.

Martha has been working closely with several local businesses to introduce them to the program and has placed additional clients in workplaces already involved. Bayley House now has people working

in a range of workplace settings from cafes and medical centres to retail shops and hardware stores.

A recently developed partnership with local service provider, Family Life, has enabled four people from Bayley House to undertake a five week retail course conducted as part of their 'PeopleWorx' program. Once finished, they will work in the organisation's opportunity shops and have the skills needed to work in other retail environments. This will be an ongoing activity in the Working to Potential program.

In addition to community placements, Working to Potential also places people in jobs around Bayley House. We now have a JobWorks@Bayley receptionist at Noyes Street, an office administration helper at Middle Crescent and several garden assistants helping keep our gardens tidy.

Whether working within Bayley House or based in the community, participants are well supported. Placements are regularly reviewed and businesses are given advice and assistance whenever needed.

More businesses are needed to meet demand. If your workplace would like to be involved in Working to Potential, please contact Martha on 0413 444 834 or email: mmcgill@bayleyhouse.org.au



Angus sweeps the floor at Mitre 10



MeiSze prepares food at Brighton Grammar ELC

Working to Potential Partners include:

- Brighton Medical Centre
- Bambini Early Learning Centre
- Mitre 10 Brighton
- White Rabbit
- Hampton Community Centre
- Brighton Recreation Centre
- Family Life



Actively supporting *Our Residents*

For many years Bayley House has focused on individual needs and employed a person centred approach in the delivery of our services. We are now taking this one step further by implementing the practice of active support in each of our residential houses.

Increasingly, disability support services are adopting Person Centred Active Support as a way of working and are expecting support staff to be skilled in this approach. In line with the National Disability Insurance Scheme (NDIS), an active support program aims to maximise choice and control for people with a disability.

What is Active Support?

Active support is a proven model of supporting individuals that focuses on their engagement and contribution. The practice is designed to make sure that people who need support have the chance to be fully involved in their lives and receive the right range and level of support to be successful.

What is important in active support is the way in which the support is provided.

Different support and communication techniques are employed to enable participation and encourage people to be part of all activities throughout the day and in all aspects of their own life. Individuals are supported to contribute their skills, the things they can do, and to make informed decisions and choices.

The four essential elements of Active Support are:

1. Every moment has potential
2. Little and often
3. Graded assistance
4. Maximising choice and control

Such a method enables everyone, no matter what their level of disability to make choices and be involved in meaningful activities and social relationships.

Why is Active Support Important?

- Greater level of engagement
- Improved quality of life
- Increased self esteem
- Sense of involvement and achievement
- Increased independence and competence
- Better relationships with the people in their life
- Reduction in incidents and behaviours of concern

Staff and Active Support

Active support teaches direct support staff how to provide effective support that has been proven to improve participation, choice and quality of life. Rather than staff doing things for the person with the disability, they can do those same activities themselves with an appropriate level of support.



Bernie prepares pizza



Kevin hangs his washing out



Joy shows off her new computer



Malcolm enjoys a cuppa



Carol and Bernie take charge of the kitchen to prepare their lunch

Research indicates that successful implementation of active support leads to higher levels of staff assistance, greater job satisfaction and leads to a better quality of life for the people they support.

Active Support Project

Last year Bayley House's accommodation service was invited by La Trobe University to join in a three year research study that seeks to embed active support and practice leadership within staff work practices. Fourteen organisations across Australia are involved in the project; all have the overall objective of improving the quality of life for the people they support.

Our involvement commenced late in 2015 and over the past couple of months staff in the accommodation service have received training from La Trobe in the principles and practice of active support. In addition, Team Leaders have received further training in practice leadership and coaching.

Researchers collected baseline data and on-site observations were conducted to determine the level and type of support

being given to residents at the start of the project. There will be ongoing training and reviews of the work practices.

Feedback So Far

While the project is still in its infancy and has challenged expectations of the role a support worker should play, initial feedback has been positive. On the whole, staff are enjoying supporting residents to do things for themselves and residents are becoming more involved. In some cases, residents are carrying our tasks and activities that staff were unaware that they could do, or they had shown no interest in doing in the past.

One staff member Fiona summed it up well: *"WOW, wish we could have been onto this sooner, but it's never too late and I am really glad Bayley is doing the active support program. My whole approach to work is different. Thanks for the opportunity to change and grow."*

The Future

Bayley House is fully committed to this project. It is consistent with our commitment to best practice and providing the highest

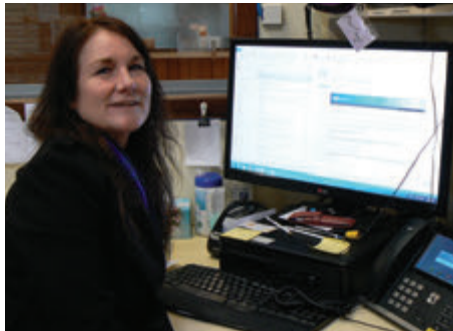
quality of support to our clients. As such, it's our intention to train all staff across the service as well as key stakeholders in Person Centred Active Support. Once fully implemented we aim to embed it as the "Bayley House Way" of working with our clients.



Carol enjoys some R & R

WELCOME VIRGINNIA

When you next visit Bayley House say hi to Virginia Nuutinen, our new receptionist and Day Service Administration Officer. Virginia started in May and loves everything about the role.



Virginia gets to work

A TENNIS TREAT

In April Georgina Broadway fulfilled a dream when she met Lleyton Hewitt. The opportunity to meet Lleyton was part of an auction prize donated to Special Olympics Victoria. Georgina was one of the lucky athletes selected to meet the tennis legend and play a few games with him.



Georgina meets Lleyton

FAREWELL ANDY

Much loved staff member, Andy Tanojevic passed away on Good Friday. His life was celebrated by clients, staff and families at a short service at Bayley House on May 6.



Andy with his family

Recycling Fashion



Sarah models her bubble dress



Nicola struts her stuff



Bronwyn shows off her evening gown

St Andrew's Church Hall was full to the brim as an enthusiastic audience watched participants in the Fashion Program 'strut their stuff' on the catwalk as they modelled their creations at the 2016 Fashion Festival.

Held in early April, more than 100 people attended the event which is fast becoming one of the main features on the Bayley House calendar. This year our designers worked with the theme of 'Recycle' which challenged them to remodel clothing they sourced from local opportunity shops.

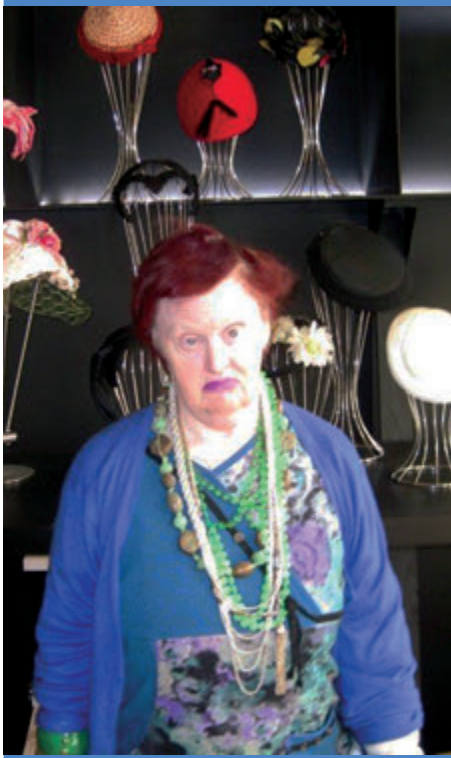
The results were stunning and the audience couldn't believe what they were seeing. As each designer modelled their new creation, a slide presentation showed what the clothes looked like before any alterations had been made. The 'before and after' difference was amazing; the new outfits were unrecognisable from the old designs and each item of clothing was given a new lease on life.

Of course, this was nothing compared to the models themselves. They were delighted to hear the crowd reactions and proudly

showed off their new clothes. It was great to see the confidence and satisfaction on their faces as they sashayed up and down the catwalk to cheers and applause. There were plenty of smiles, lots of action and even some sassy attitudes as they enjoyed their moment in the spotlight. The crowd reaction made all the hard design work and tricky sewing worthwhile.

The evening held many highlights but probably the most memorable was the 'balloon dress' modelled by Sarah Swallow. It was exceptional!

A big thank you to the Fashion Instructors, Mani Kaur and Gillian Simpson and all the volunteers who assisted in the program and on the night. You did a fantastic job...so much so this event might even be included in the Melbourne fashion week next year!



Trudy gets in amongst the hats

Our Fashionistas

All those who know the ladies at our Marriage Road house will be able to testify as to their love of fashion. It was no surprise then that they decided to make good use of the ANZAC Day holiday to venture off to The Dressmaker Costume Exhibition at Rippon Lea.

Everyone had their hair done and put on their best outfits making sure they were well accessorised. There was little hesitation as they climbed into the Marriage Road 'Rolls Royce' to travel in style to Rippon Lea.

The Mansion was a fantastic setting for the exhibition which transported the ladies to the dusty town of Dungatar. They saw how the costumes were made and marvelled over the silk dresses, particularly those with feathers and lace trim.

Different aspects of the exhibition appealed to different people. Trudy loved the hats, Desma adored the costumes worn by Kate Winslet and Sana loved the house.

The day was completed with Devonshire tea seated amongst more period costumes and a walk around the garden.

Community Helpers

The sense of community is very strong at Bayley House. Everyone is supportive of each other and we have built some fantastic relationships within the Bayside area which have enabled us to access all our local community offers.

Recently one of our seniors groups embarked on a series of educational outings to learn more about the different groups in our community and what they do to help people living and working in the area.

With the memory of our last fire drill fresh in their minds, the first community group investigated the local Fire Brigade. Everyone had seen firemen in their truck before but no-one was sure what they do when not at a fire. A visit to the Hightett Fire Station in June solved this.

'A shift' team members, Bruce and Andy gave the group a comprehensive tour of

the station house, answering questions and talking about fire awareness. Everyone was shown how the fire crew prepared for a fire and were given a demonstration of various fire-fighting equipment. Bruce and Andy even staged a mock fire call complete with alarms and the opening of the station house doors. The whole group loved it!

The outing was so successful the group will soon visit other places in their local community including the local post office, a police station, an ambulance depot and maybe even a life-saving club.



Firemen Bruce (left) and Andy (far right) with their new 'seniors' fire crew



Instructor Matt chats to Soknann and Gavin

Upstairs Move Complete

After much anticipation the move into the new spaces upstairs at Middle Crescent was finalised in May. Whilst the area had been ready for a few months, the move was delayed due to the late arrival of our new lockers. But it was well worth the wait. They are extremely colourful and really brighten up the area.

The refurbishment of the upstairs area is now complete. There are four large, light filled program areas, a kitchenette which is used for cooking sessions and a staff resource area. All the spaces are being well utilised and everyone loves the new look and feel.



Gerald (Left) and Donny (Right) were amongst 10 clients who assisted at the BBQ

GOOD GUYS BBQ A SUCCESS

A team of 35 volunteers helped 'man' our BBQ at the Good Guys 3-day sale in May selling more than 300 drinks and 700 sausages to customers making the most of the bargains on offer.

This year Margot Broadway managed the BBQ on behalf of Family and Friends. The funds raised will support work they do such as purchasing equipment and furnishings and hosting client events including the Christmas lunch.

Bayley House has been conducting BBQs at every 3-day sale for the past nine years raising over \$30,000 for our services. In addition, the store has donated funds through The Good Guys Foundation. Collectively this has resulted in our community partnership contributing more than \$100,000 toward our programs and activities since it was formalised in 2007. This would not have been possible without the support of proprietor, Simon Burgess.

Over the past 20 years Simon, who is retiring at the end of June, has donated many items for fundraising activities, supplied us with hundreds of heavily discounted electrical times for our buildings and assisted us in many other ways. He has been a key driver in our partnership and a wonderful advocate for Bayley House. We would like to sincerely thank Simon for all he has done for Bayley House, and wish him a long and enjoyable retirement.

Thankyou Jeannette

Earlier this year Bayley House received a bequest from the Estate of Mrs Jeannette Kennedy. Jeannette, who was both a parent and active volunteer for over 40 years, served on the Committee of Management and was active in the Mothers' Club. She was a recipient of both the Silver Emblem and Honorary Life Membership awards.

Jeannette loved the outdoors and would have been delighted to know her bequest had been recognised on a plaque placed on the new timber outdoor furniture in the courtyard outside the art room. Recently her daughter Joanne and son-in-law David A'Beckett visited Bayley House to see the acknowledgement firsthand.

By leaving a bequest to Bayley House, such as the late Jeannette Kennedy has done, you too can make a lasting difference to the lives of people with an intellectual disability. Your legacy will benefit generations beyond your lifetime and ensure a better quality of life for many people for years to come.

If you would like information on leaving a bequest to Bayley House please contact our Fundraising Manager, Ruth Lew on 9982 1537.

YES, I/WE WANT TO MAKE A GIFT!



BAYLEY HOUSE

52 Middle Crescent, Brighton VIC 3186
P.O. Box 113, Brighton VIC 3186

*All donations of \$2 or more are tax deductible

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Please accept my/our donation of:

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☐ Please find my cheque enclosed (made payable to Bayley House)

OR please debit my credit card: ☐ VISA ☐ Mastercard

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☐ Yes, please contact me about making monthly donations

Please return to: PO Box 113, Brighton VIC 3186

OR donate online at **bayleyhouse.org.au** or by phone **03 9982 1500**

Please send me more information on:

☐ Wills and bequests

☐ Special occasion giving
(donations in lieu of gifts)

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