



There is something special about working with clay; not only is it therapeutic and relaxing but is a thoughtful, artistic activity that can open up the mind and help reduce stress and anxiety.

Ceramics is a popular activity and is greatly enjoyed by all those who are involved in the program. Every Wednesday several groups venture down to the ceramics studio at the Hampton Community Centre to take part in ceramics sessions. Each session is delivered by qualified instructors who impart their knowledge, offer advice and guidance, and teach each person the skills they need to work with clay. There is always something new to learn; kneading, creating coils, joining slabs of clay, pinch techniques, glazing, and firing.

Everyone starts out making small items and eventually graduates to bigger and more complex ones. Over the past few years participants have created some fantastic lanterns, sensational sculptures, great pots and amazing mythical creatures which have been taken home or exhibited at one of our art shows.

Ceramics is great fun. The atmosphere is friendly and everyone has a chance to chat while they work, often sharing ideas, contributing suggestions and helping others when needed. As one of several art activities that encourages creativity, ceramics also provides both visual and sensory stimulation.



CEO's message

This year is a hive of exciting activity; a fresh approach to how we organise sessions in Day Services, and with some families having already had a planning meeting, the NDIS is well and truly here!

I have spoken with clients and families who are getting ready for this step of the NDIS, and they have commented they feel well prepared because of the information and support provided by Bayley House. Lindal Liddle, Penny Scott and Janet Batey have championed great work here, and will continue to work closely with clients and families until everyone is 'over the line'. If needed, a Bayley House representative can even participate in planning meetings. Ultimately, we expect to see great outcomes for people with the introduction of NDIS.

We had a wonderful outcome in relation to our recent accreditation. Every 18 months, external reviewers come on-site. These independent 'umpires' look at the quality of services we provide, whether we respond to the needs of specific groups and how the service is governed. Our external reviewers ask clients, staff and volunteers to be frank about their experiences. So, we were delighted with the finding that we easily met both of the required sets of standards. One of the reviewers even commented that of about 200 organisations she has been to, Bayley House was one of perhaps 10 she could see herself working in. A big tick indeed.

The whole Bayley House community has made this outstanding result possible because of a unique and strong partnership between clients, families, staff, the leadership team, Board and volunteers.

Well done everyone!

Fiona Lynch
CEO

Dates to remember

April



NDIS rolls out to Bayside



Term 2 commences



Family & Friends Meeting



ANZAC Day Holiday

May



Family & Friends Meeting



Volunteer Week morning tea

June



Political Charity Luncheon



Family & Friends Meeting



Queen's Birthday Holiday



Last day Term 3

noticeboard

ITEMS NEEDED

Several activities Bayley House offers need help sourcing some of the materials they use. If you have any of the items below at home and no longer use them, we would love to have them. You can drop them into the office during business hours.

Beauty Products (*New or unopened*)

- Lipstick, blush, foundation and eyeshadow
- Nail polish & nail polish remover
- Dry shampoo
- Straightening heat protection lotion
- Small make up pouches or bags

Old Metal Kitchen Items

- Metal colanders
 - Cutlery – forks and spoons only (no knives)
- These will be used to make wind chimes.



Celebrating Diversity

A visit to the Springvale market.

Cultural Diversity Week was celebrated across Victoria from 17-25 March. Not to be outdone, Bayley House joined in the fun and participated in a range of activities designed to embrace and celebrate our cultural diversity.

The theme for this year's Cultural Diversity Week was **Proud to Belong**. The week featured an array of events and activities that focused on learning about, and understanding, the many different cultural backgrounds of people at Bayley House. This was explored through cooking, dance, music, language, art and much more.

People happily shared stories about the country they came from, what their journey was like to get to Australia and what they love about being part of a multicultural community. Some groups went on outings to specialised food markets or various other cultural hubs. National flags were on display and each meal prepared during the week incorporated elements of food from other countries.

An art competition resulted in the creation of some wonderful cultural themed tablecloths. Many of the activity groups used acrylic paints, texas and other types of media to decorate clear plastic tablecloths with images and designs that represented their cultural heritage.

Harmony Day, celebrated on 21 March promoted inclusiveness, respect and social cohesion. The highlight of the week though, was the Cultural Fashion Parade. Held on the Friday, the parade featured some fantastic outfits. Everyone dressed up for the occasion wearing traditional clothing from their own cultural background, or that of their favourite country. The parade was a cultural feast for the eyes and a great way to finish a great week.



Jane, Gerry, Kon and Michael can't wait to taste their pizzas.



Trudy shows off her Scottish Doll.



The *sum* of us

When Bayley House first opened its doors in 1951, nine young people with an intellectual disability attended its programs. Since then, the organisation has grown significantly. Now, more than 67 years later, 210 people access the diverse range of activity options and support services we offer.

This year alone, 14 people attended Bayley House for the first time, bringing the total to 195 people who access our programs and activities on week days; an increase of just under 50% over the past ten years. Many (75%) live in the local Bayside area or the surrounding council areas of Kingston and Glen Eira, and come from a variety of different cultural backgrounds. Ranging in age from 18 to 79, each person makes a valuable contribution to Bayley House.

But who are we? What do we like? How do we get along? Come and meet some of the wonderful people who make Bayley House what it is today...our clients.

Rap Extraordinaire Teresa

Last year Teresa celebrated 10 years at Bayley House; she absolutely loves it here. She enjoys the wide variety of activities, especially art and media. She loves taking photos around the Brighton area and enjoys working with everyone in a friendly, caring environment.

Teresa is one of our AllStar performers and often takes centre stage at the Christmas Concert to show off her dance moves. Dancing is one of her favourite activities and she models her dancing style on her favourite dancers, Michael Jackson, Justin Bieber and Asher Munroe. Hip hop moves, rap routines and freelance are where she does her best work.

A Tiger Fan

Steven has been attending Bayley House for nearly 28 years and is one of our most passionate Richmond supporters. He regularly wears his footy jumper or Richmond colours and nothing can take the grin off his face when the Tigers have a win. Richmond certainly gave Steven a lot to smile about last year!

Steven is a very gentle person. He is kind, determined and loves to be busy. He especially enjoys helping others, whether it be assisting with the shopping, unpacking someone's bag for them or hanging out the washing. But it doesn't stop there. Steven is handy in the kitchen, a champion ten pin bowler and a fan of 4WDs.



Steven shows off the Tigers' colours.

The Ladies of Laughter

These lovely ladies, Maddie, Holli, Stephanie and Jin-Ah, have been friends for the past five or so years. They all have a wicked sense of humour and love nothing better than sharing a joke, having a bit of a dance with each other and performing in the Christmas concert. All four have a lovely nature, are very caring and have a big heart; not only do they look out for each other, but they also take care of the people around them.

Being extremely social, it is not a surprise to know that the ladies love getting out and about in the community. In fact, one of their favourite activities is to sit in a local café sipping on a hot chocolate while they watch the world go by.

Joy by Name and Joy by Nature

Joy has one of the most wonderful smiles at Bayley House. She is a very happy-go-lucky lady who loves a joke and a laugh. Over the 40 years Joy has been attending Bayley House she has developed some great friendships, particularly with her housemate Kevin. They enjoy each other's company very much and have been friends for many years.

Painting is Joy's passion and the art room is one of her favourite places at Bayley House. Joy's paintings are bright, full of colour and contain lots of intricate detail. Many have been featured in Bayley House art exhibitions.

Raising the Bar

There wouldn't be many people more social than Bar. Always friendly, Bar enjoys a joke and loves a chat. If you ever need to know what is going on around Bayley House, Bar is the person to speak to; he always has his 'finger on the pulse'. His outgoing nature means he has many friends and is a part of everything that is happening.

Music is a passion. You often see Bar with his headphones on, singing and dancing to his favourite tunes. He loves listening to all kinds of music. Maybe it was this that motivated him to join the Bayley FM radio team.

The Gardening Guys

These four lads have been working together in the gardening crew for several years. Bernie, Mark, Donny and Angus love doing all the 'bloke things' that are part of the activity and spending time with each other. They each have their own chores and find the time out in the fresh air relaxing, good fun and a great way to spend every Tuesday morning.

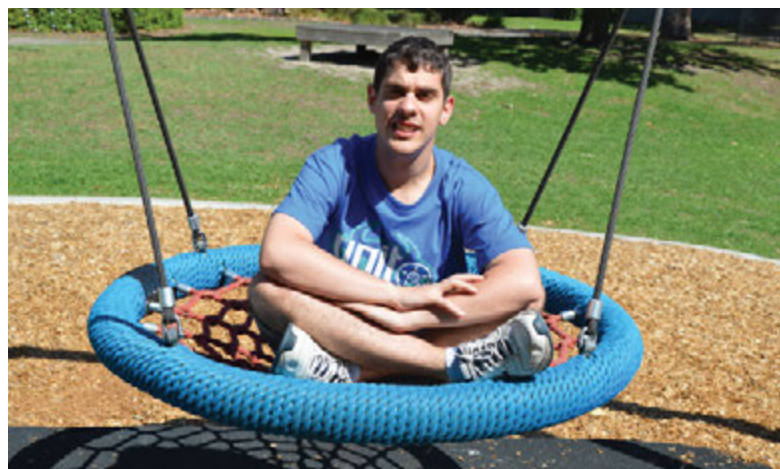
"The clients, staff and volunteers always work closely together. It is the sum of all their contributions that make Bayley House such a great place to be."



Maddie, Stephanie and Jin-Ah having a laugh together.



Joy and her great smile.



Bar takes time to chill out.



Our great gardening guys.



Margaret is a 'glass half full' girl!

ArtVo

Great fun was had recently when a group from Bayley House visited the ArtVo exhibition. Several new rooms were discovered this time round and the images in them provided wonderful backdrops for some sensational photos.

Thanks Angels

A BIG thank you to the St Kilda Angels for donating 2 adult and 10 concession membership passes to Bayley House. This is the eleventh consecutive year the Angels have come to our rescue and made it easier for our clients to attend AFL matches. They do a fantastic job supporting not only us, but also many other charities in the area.

The membership passes are available for loan to all Bayley House clients and their families. Although the passes are for St Kilda home games, you don't have to be a St Kilda fan to use them...in fact, you may like to go along to see your team play the Saints. Email contactus@bayleyhouse.org.au if you wish to book a pass.



Molly and Lauren love the Saints.



The Queen inspects her guards.

Concert for a Queen

The highlight of last year's Christmas celebrations was the annual Christmas Concert held on 19 December. More than 500 people attended the event which was titled 'A Concert for a Queen'.

Set at Buckingham Palace, the Queen (alias Cassice Watson), her corgis and her subjects were all treated to an array of the best acts from the previous 10 years of concerts; a royal performance indeed!

Each act was on their best behaviour, especially the royal guards who were inspected closely by her Majesty before going about their concert duties. The ballet dancers were on their toes, the Can Can girls kicked higher than normal and the rap dance battle was the biggest competition to have ever hit the stage! The crowd were wowed by each and every performance.

Crowd favourites included John Davis and guest piper, John Houghton's rendition of 'You're the Voice' and the ever-explosive Bayley House ACDC band who blew everyone away with a bang as they put their heart and soul into TNT.

Over 65 clients were involved in the concert which was the culmination of many hours of learning routines, singing practice and dress rehearsals. They did a fantastic job, as did the staff and volunteers, led under the direction of Natarsha Warren.

The Bayley Birds once again hosted the evening, providing supper, organising raffles and holding produce stalls. Their efforts were not in vain with over \$15,500 being raised by the night. A wonderful result.

The concert was a fitting tribute to the last 10 years and in some ways marked a 'changing of the guard'. Natarsha recently handed over the director's chair to Marsha Galivets who is overseeing all our Drama and Performing Arts activities.

Plans are already underway for this year's concert which will be titled 'All you need is Love'. Drama sessions have commenced and will run every Thursday afternoon throughout the year providing more time for clients to fine tune their acts. In usual Bayley fashion, the concert will continue to feature lots of singing and dancing, provide plenty of action, as well as showcasing many new numbers relating to Christmas and Love.



Be Entertained

For the past 12 years Hilda Glotzer-Rozenfeld and the Residential Raisers have been raising funds to support our residential services through the sale of the Entertainment Book. Over this time, 1040 books have been purchased, raising more than \$12,800. A fantastic effort indeed!

This year Residential Raisers want to beat their record of selling 146 books in a year and are aiming to sell 150 copies of the 2018–2019 Entertainment Book. Whilst most of the copies sold are usually for Melbourne, versions are also available for the regional areas such as Geelong and Ballarat, as well as interstate cities.

The Entertainment Book, or Entertainment Membership as it is often called, can be purchased in hard copy or digitally, and contains thousands of 2-for-1 offers and up to 50% off many great restaurants, cafes, hotels, travel, shopping and attractions. At a cost of only \$70 the book is great value. Residential Raisers receive \$14 for every book sold, so spread the word and help them reach their goal of 150.

Visit entbook.com.au/1823x48 now for more information.



The song writing crew in action.

What's new @ Bayley?

Over the past few years Bayley House has introduced many new activities directly in response to client interest and demand.

This has seen an evolution of the range and type of activities on offer, as well as a change in the way in which they are delivered. In total, over 40 different activities are now offered each week; many of them from various community based locations. Several new activities are outlined below.

Making Music: Every Tuesday afternoon Matt, Richard and the song writing crew get together to put lyrics to music. They brainstorm ideas, construct the lines, learn the words, then record a short video of their songs. Recent ditties have acted as reminders of things to do around Bayley House...there's the 'Sun Smart Song'...or 'Hey You in the Loo'...and what about the 'Tidy Up Tune'. All are lots of fun and have a great message; check them out on our You Tube channel: youtube.com/user/BayleyHouseVideo

Costumes Galore: An interest in textiles and love of cartoon characters has seen the introduction of a Costume Making activity. Working together, participants create a new costume every few months. Their work will be on display later in the year at our Fashion Show.

Vocation to Venture: Bayley House has identified several new ventures which will enable clients to work collaboratively in groups, and participate in either a small business enterprise, or undertake work activities on-site within a local business. Clients participate in the end-to-end production of items, customer relations, web-based technology, design, advertising and promotion. Current ventures include jewellery making, production of hand-made bags for the market and the propagation of succulent plants.

Valentine's Day Stall

Coles Bay Street store is a great supporter of Bayley House. This year, to celebrate Valentine's Day, they hosted a stall at the entrance to the supermarket. On sale were some tasty home baked goodies made by Coles staff, and a wonderful array of arts and crafts items made by clients in our retail art program...this included a lovely Valentine's Day card designed by Pip. Clients from Bayley House joined Coles staff throughout the day to help 'man' the stall. They had a great time speaking to customers and selling all the goods. In total, over \$700 was raised. A big thank you to Pam and Mary from Coles for their fantastic support organising the stall.



Gavin, Fin and Mark assist at the stall.



The residents of Roxburgh House accept the cheque.

A lasting legacy

A bequest is a unique gift; an investment in the future. Bequests received by Bayley House make a lasting difference to the lives of people with an intellectual disability and their families, however, many are unexpected. If we had known about them, we could have thanked the donor in their lifetime.

Members of the Bayley Bequest Society have confirmed they are leaving a gift to Bayley House in their Will. In appreciation they are invited to various Bayley House events and kept up to date with news and program initiatives. Members are able to meet other like-minded people and gain a better understanding how valuable their bequest is to us.

If you are considering a charitable bequest we recommend you seek professional advice from a solicitor or financial advisor; your family should be looked after first and foremost.

Bequest gifts can be left for general purposes or a specific project and need to be clearly and legally stated.

For more information please contact our Fundraising Manager on (03) 9982 1500 or email: fundraising@bayleyhouse.org.au. All enquiries will be treated in the strictest confidence.

SHOOTING GOALS

Over the years Bayley House has established some great relationships with various community groups in the Bayside area. An example of this is our new partnership with Bayside Hockey Club.

Last year the Club committed to supporting Bayley House through their Community Fundraising Program. Since then they have conducted a range of fundraising activities included BBQs, chocolate drives, a movie night and trivia function.

Residents from our Roxburgh House property attended the club's registration day in March and were delighted to accept a cheque for \$1,964.35 from Club President, Bobby Quadara. This donation represents the result of their fundraising in 2017. Afterwards everyone enjoyed a BBQ, cake stall and some fun hockey-related games on the pitch.

Bayside Hockey Club is hoping that the partnership will help raise awareness for Bayley House and, as a longer-term goal, will work with us to provide hockey-related activities for our clients. This would be an extension of the "Access All Abilities" hockey program they are currently developing. This program will offer the chance for people with a disability to learn how to play hockey and will use special equipment such as plastic sticks and soft hockey balls. It is hoped that Bayside Hockey Club will be able to offer the program to Bayley House in the near future.

Thank you to everyone at the Bayside Hockey Club for your wonderful support and for setting a great example to other local community groups.

YES, I/WE WANT TO MAKE A GIFT!



**BAYLEY
HOUSE**

52 Middle Crescent, Brighton VIC 3186
P.O. Box 113, Brighton VIC 3186

*All donations of \$2 or more are tax deductible

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Title: First Name:

Surname:

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State: Postcode:

Contact Number:

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Please accept my/our donation of:

☐ \$75 ☐ \$50 ☐ \$180 ☐ \$500 My choice \$ _____

☐ Please find my cheque enclosed (made payable to Bayley House)

OR please debit my credit card: ☐ VISA ☐ Mastercard

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Name on Card:

Expiry: / CVV: Signature:

☐ Yes, please contact me about making monthly donations

Please return to: PO Box 113, Brighton VIC 3186

OR donate online at bayleyhouse.org.au or by phone **03 9982 1500**

Please send me more information on:

☐ Wills and bequests

☐ Special occasion giving
(donations in lieu of gifts)

☐ Becoming a volunteer

☐ Programs and services