

AST stars!

Transition Education, or 'Trans Ed', is a fantastic course to participate in. It provides students with an opportunity to learn practical skills that can be used in the community, for work and volunteering, and in further study.

The Bayley House Monday Transition class group started their course in July 2018, finishing in December 2020.

In the first year of their course, the students participated in several excursions, using public transport, to assist with their learning in planning and participating in travel. The students had full autonomy on where they chose to go and which mode of transport they would take. They used the PTV website to decide on the type of transport and to help calculate the duration of their trip. These activities supported the students to develop skills in planning and researching, working in a team, decision making, reading and interpreting a timetable, using and topping up a Myki card and reading a map to arrive safely at their planned destination.

Each student developed a learning plan where they created personal learning goals to work towards throughout their course. Some examples of students' goals included: improving money-handling skills, catching public transport independently, reading and following a recipe, and improving skills in reading and writing. While working on their goals, the students identified any barriers that they may face and developed strategies to help them overcome these challenges in order to achieve their learning goals.

One of the core units of Trans Ed is 'Use Technology for a Range of Purposes'. This unit fits in perfectly with the online learning that the students unexpectedly found themselves engaged in during lockdown in 2020. Luckily, the students had attended an excursion prior to the pandemic to investigate the use of technology in the community. Each student really excelled in this unit and made incredible progress with their online learning. Due to the students' confidence and abilities in using technology and Zoom for their learning, they were able to complete their course in the allocated course timeframe.

Throughout the course, it was noticeable that all students experienced improved self-esteem and confidence in their learning abilities. Everyone participated confidently in group discussions and reading out loud in front of the class. They supported and encouraged each other, especially when faced with challenges such as online learning during COVID-19.

From our CEO



Last weekend I had the pleasure of attending the annual Bayley House v Elsternwick Cricket Club game. It stands (almost) unique as an annual event which was not cancelled due to COVID; the 2020 game held the weekend immediately prior to Australia locking down and the 2021 game perfectly bookending a year we hope to not repeat. For me, and no doubt for others in attendance, it was the perfect antidote to a toxic year. "Hello Warwick...here's the big boss. We don't see you anymore... when are you coming back?"

These and other conversations emphasised some of the losses which all of us have experienced throughout COVID but of course also the very basis of our intentions and strategy. Separateness was safety. And yet that is counterintuitive is it not? Humans are pack animals. We cluster together for safety, support, comfort. Regrettably COVID respects no such conventions and we have needed to insert a pause into our behaviours. Where to from here I wonder? The twitterverse is abuzz with theories about how the last 12 months has changed us forever... how life will never be the same; but it is not all doom and gloom.

We have learned that we are flexible, resilient, strong, community minded. We have learned that, provided the need is explained clearly, we are prepared to make huge sacrifices to protect those we love. Most of all we have had the opportunity to reflect on what is important, perhaps because we have missed it. I never for a moment lost sight of what I was focused on throughout last vear. nor what was important, but had I done so, wandering over to the cricket match on a balmy Saturday evening with clients and families all around would have been the perfect cure. Autumn is upon us...and so is a vaccine...I welcome them both!!

Warwick Cavanagh CEO





Joy over the years at Bayley House

70 years of Bayley House

As many of you will already be aware, Bayley House will celebrate a major milestone this year; 70 years supporting people with intellectual disability. Planning is well underway for celebrations that will take place – social distancing and COVID-19 allowing of course!

Last year a competition was held to design a logo for the anniversary year. While we received many amazing designs from Bayley House clients, it was Katherine's that was chosen. Congratulations, Katherine!

Throughout the year, we will be sharing stories of clients who have been with us throughout the 70 years.

Joy has been coming to Bayley House for over 40 years and is also a longterm resident in our accommodation service. A lifelong Sydney Swans supporter, Joy will quite often be seen in her red and white supporter gear. She loves being creative and can often be found painting or drawing.

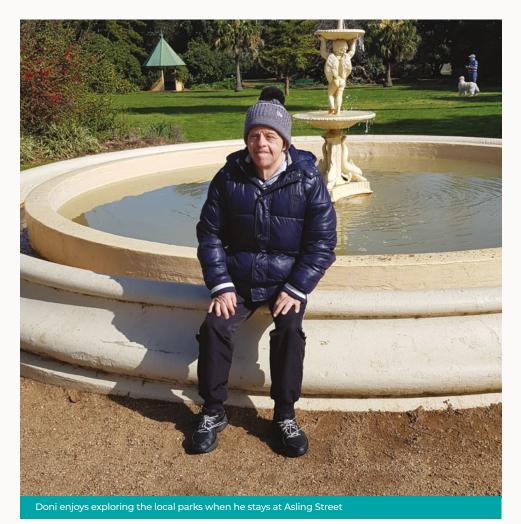
Known to be a social butterfly, Joy loves any reason to get up and dance. Recently Joy has taken up new hobbies such as yoga, meditation and karaoke. One of her favourite new hobbies has been learning how to use an iPad, where she is joining in with her house mates and making short films with the support of staff. Joy has also recently made her first photo book.

Thank you Joy, for being such a wonderful part of the Bayley House family for many years – you, and all our clients, are the heart and soul of this special organisation.

Keep checking our website as we will be featuring more client stories soon!

Winning logo by Katherine:





Just what is STA?

Short Term Accommodation (STA) allows people with intellectual disability to experience living away from home for short periods of time. You may be familiar with this service being called 'respite'.

We provide services that are tailored to individual support needs and offer an environment that is engaging and fun alongside the best support from our staff. This is a home away from home, a place to hang out with friends, learn new skills and be supported to build the confidence needed to live away from home or enjoy more frequent STA stays.

When you stay with us, there is the opportunity to develop new friendships and enjoy new experiences in a safe and supportive environment. Bayley House now has two Short Term houses that can accommodate five individuals at any given time.

Our recently opened Asling Street short term accommodation has been popular since opening its doors. The house provides a space to enjoy some time out while learning new domestic skills, such as cooking meals and being safe in the kitchen, vacuuming and making the bed and, most

importantly, experiencing what it is like to live with others.

The new Brighton house has five bedrooms, which have been recently fitted out with new furniture and furnishings thanks to the Residential Raisers group. The home has two living spaces. One is open plan with a combined family room and kitchen. A second living area is a dedicated games room with video games and board games. The house also has an accessible, private outdoor area.

We would like to assure you that we are taking every possible precaution to keep our clients and staff safe during the Covid-19 pandemic – in our STA and across Bayley House.

For more information, please visit the Short Term Accommodation page on our website.





Robbie ready to kayak!

Community, leisure and recreation

The Bayley House 'Community, Leisure and Recreation' program provides additional opportunities to be social, learn new skills and get out and about in the community.

You can discover new activities, break out of your comfort zone with lots of support and meet new people in a warm, friendly and supportive environment.

It has been wonderful to see a return to face-to-face Community, Leisure and Recreation activities in 2021!

For the recent January term break program, we returned to activities with a mixture of face-to-face and online activities. This provided a range of options for those who were ready to see their friends in person and for those who wanted to join in from home. Term break activities included a range of online trivia nights, discos, song writing, pop-up card making and sailing at Albert Park Lake.

In February we kicked off the weekend programs again, starting with Mini Golf, Stencil Art, and two sessions of Beach Kayaking at Brighton Baths. Part of the fun at Brighton Baths is relaxing under the shade of their umbrellas in a comfy beach recliner!

We will provide another mix of faceto-face and online activities over the Easter break, and we can confirm that, in the near future, there will be some mid-week after hours activities. We will also be offering some special events such as stage shows and weekends away.

To make sure you are up to date with all of our latest activities sign up to our mailing list by emailing us clr-bookings@bayleyhouse.org.au

Bayley Snapshot







YES, I will donate to help buy Motorised Art Easels!



Please help Bayley House purchase **motorised art easels** that enable clients with limited mobility to paint on canvas with minimal assistance. A display panel on the easel allows the artist to control a range of movement options with a single switch. **The cost of each easel is \$5,000 and we hope to purchase at least two easels for our art area.**

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Yes, please contact me about making monthly donations

Please return to: PO Box 113, Brighton VIC 3186 OR scan and email this slip to fundraise@bayleyhouse.org.au OR donate online at bayleyhouse.org.au/easels or by phone 03 9982 1500

DONATE NOW

All donations of \$2 or more are tax deductible Thank you for your support!

BAYLEY

52 Middle Crescent, Brighton VIC 3186 PO Box 113, Brighton VIC 3186 ABN: 79262349071



For all people with intellectual disability to lead a full and enriched life.



ACHIEVEMENT

We actively pursue opportunities that enable people to achieve their individual goals and aspirations, as shaped by their choice and control.



CONNECTION

We encourage and nurture inclusive and meaningful connections with peers, with supports and with the community.



EXCELLENCE

We are passionate about providing exceptional services that support people to learn, laugh, belong and grow.



RESPECT

We value every individual by encouraging their unique abilities.

Dates to remember

FRIDAY APRIL 2 Good Friday

MONDAY APRIL 5 Easter Monday

TUESDAY APRIL 6 Staff in service day

SUNDAY APRIL 25 ANZAC day (no additional public holiday)

MONDAY JUNE 14 Queen's Birthday

MONDAY JUNE 28 - FRIDAY JULY 9 Client & staff holiday break

MONDAY JULY 12 Clients and staff resume

Noticeboard

Elsternwick CC match

The Bayley Bushrangers took on the Elsternwick Cricket Club yet again. This year, to allow for social distancing, we played at the second Elsternwick ground that has an open-air grandstand. As the sun set on Elsternwick Park and the floodlights lit up the ground, it became very clear that there as only ever going to be one winner – the Bayley Bushrangers. This match is something we all look forward to, and we were thrilled that it could go ahead this year. Thank you to all who came out to support our winning team and a great big thank you to Elsternwick CC, as always. We can't wait for next year's rematch.

NDIS reminder

A reminder to notify Bayley House if you have an upcoming NDIS planning meeting and please also let us know when you receive your new NDIS plan. Once we receive your plan, we will organise a new Schedule of Supports (which now replaces Service Agreements and Amendments) to continue with activities within Day Service, Community, Leisure and Recreation and Accommodation.

Absentee

To all clients and families or carers, please let us know if you intend to be absent from Bayley House Services by calling (03) 9982 1500 or emailing dayservice@bayleyhouse.org.au



MAKING THE INVISIBLE **VISIBLE**



Hidden Disabilities Sunflower Scheme

Last year, we launched our partnership with the Hidden Disabilities Sunflower Scheme. The Hidden Disabilities Sunflower Scheme originally launched in the UK as an initiative to help people with hidden disabilities get the support they need when they are out in the community.

Wearing discreet Hidden Disabilities Sunflower merchandise indicates to people around the wearer including staff, colleagues and health professionals that they need additional support, help or a little more time.

In addition to the UK, the scheme has been adopted in the US and now here in Australia, where Bayley House is the sole distributor.

The beginning of 2021 has proven to be successful for the scheme as we hit the milestone of distributing 2,000 sunflower products in Australia.

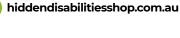
A growing number of organisations, of all sizes and across many sectors, are joining Bayley House in our mission to 'make the invisible, visible' for people with hidden disabilities.

We are happy to have welcomed hospitals, a museum, workplaces, sports venues, airports, and an NGO to the scheme.

We are also thrilled that the sunflower products fulfilment is now part of the Bayley House School Leavers Employment Scheme. SLES is a program designed to develop our clients' employability skills. The clients who are involved behind the scenes in fulfilling orders, have direct impact on how efficiently we are able to get the products out to customers.

If you would like to learn more about the Hidden Disabilities Sunflower Scheme, or purchase a lanyard, then please head to the dedicated website using the link below.







Helen posting orders



Anthony 'Tony' Stone

Vale to our friend, Tony Stone

It is with much sadness that we inform you of the passing of our dear friend, Tony Stone.

Tony commenced at Bayley House in 1985 and was with us in our Day Programs for over 30 years.

Tony had a wonderful sense of humour and loved to laugh. He loved the piano and participating in music activities with his peers. Tony loved the outdoors and also enjoyed water relaxation where he would smile throughout the session.

Tony was a much loved member of the Bayley House community and we extend our condolences to his family, friends and staff who supported him for so many years.

Short Circuit (Breaker)

Last year when lockdown was upon us, we had to very quickly introduce a solution that would allow the Bayley House community to stay connected while staying safe at home. And so, Bayley House Online was born.

So, when the most recent 'circuit breaker' lockdown was announced, we were able to adapt very quickly, offering online sessions once again. The skills learnt over many months of Zoom sessions in 2020 were put to the test as many of us remembered meeting ID's, passwords and of course how to mute and unmute!

