

Goal digging

Just on two years ago, Bayley House was invited by the Sandringham and Districts Netball Association to come and try their All Abilities Program. Needless to say - we enjoyed ourselves and decided to keep going.

This program offers a number of pathways for people of varying ages and abilities to learn the skills and play netball in a supportive and inclusive environment. The All Abilities Program also run a vouth program on Monday nights, a Sunday Funday Tournament program several times a term and compete at a State level for the Henderson Region.

The adult program, which we participate in, runs on a Friday morning from 10am - 11.30am at the indoor courts at Thomas Street in Hampton. The session begins with a warmup activity followed by specific skill development. Learning how to play has been tricky for some of us as vou have to get used to not moving once you catch the ball! Our favourite part of the session though is the actual game where we get onto the courts, put our netball bibs on and put our skills to the test.

The relationship we have developed with the coaches has gone a long way in supporting us all to feel comfortable enough to give all aspects of the game a go. Amelia, Julie, Emily and Kris all make sure that we are learning at a pace that is suitable, that we all get experience with skill development and most of all that we have fun.

The Sandringham and Districts Netball Association are keen to grow their program so if you would like to discuss joining their Friday session or any of their other programs, you can get in touch at sdnaallabilities@gmail.com

CEO message

As I write this I am conscious that by the time you read it the world will have turned and that COVID-19 will have continued to turn our world upside down.

All of us need a level of predictability in our lives. We need to know that the sun will come up in the morning. We need to feel confident that there is order and that we feel safe, that everything is 'ok'.

COVID-19 has rattled our core. It has made real, things which hitherto were the stuff of movies; people having their temperatures taken at the doors of restaurants, being detained after being in close proximity with someone 'with the virus', supermarket shelves empty and the streets of the CBD all but deserted. But you know the sun will continue to come up and we will come out the other side. As humans, perhaps even we may be somewhat the wiser and who knows even a little more humble? Our clients, as so often, show us the way. They have a way of reducing things, demystifying them in a way which is truly an inspiration. Suddenly in the front hall clients greet me as warmly, but smiling and offering an elbow bump! Much of life is complicated, much of life is uncertain. Now more than ever we need to watch how our clients react and remember that caring for each other and supporting our friends, families and colleagues is what they do without question. Perhaps there is a lesson for us all right there...

Warwick Cavanagh CEO





Dur new location on Nepean Highway

Nepean Highway – open for business

November last year saw Bayley House corporate services make the move from Tulip Street in Cheltenham, to the more prominent location of 928 Nepean Highway in Hampton East.

Many of you will be familiar with the building already, it having been occupied by MOIRA for many years. Its location opposite Moorabbin Railway station and bus interchange makes it highly accessible and of course the position on Nepean Hwy is highly visible and no doubt will expand the Bayley House profile immediately. If you have driven past recently, you may have noticed our new signage!

This new location is now home to our finance, accommodation, support coordination, human resources, maintenance, marketing and fundraising teams. The building also has ample space for activities to utilise.

On Monday's and Friday's participants in our Certificate 1 in Transition Education courses have made the lower level their learning hub which enables study in a dedicated, quiet environment. From all accounts, the clients absolutely love working out of this new space.

The new address is 928 Nepean Highway, Hampton East.





Katherine & Bri upselling at the market

Making their market

Art and related creative art activities form a very popular arm of Bayley House. Each year our traditional art activity groups work towards an exhibition but did you know that we have other creative art areas?

Retail art is a growing area at Bayley House with new products created every week. These activities provide a high level of skill development from product creation that includes colour selection, material choices and then the actual making of products.

The team behind retail art have developed skills in a variety of different mediums such as resin, leather, traditional paint and candle making ingredients.

Over the course of the year, the clients in the group work at building up stock levels for their monthly markets held in the Bayley House hall and any other community based events they may be attending. The markets provide the retail experience component of the program. Taking orders, counting change and interacting with customers is an integral part of this program.

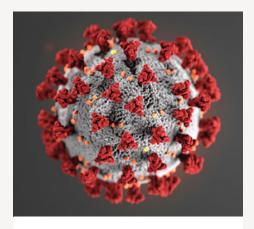
Everyone involved in the program has such pride in their achievements and

looks forward to the interaction with customers when explaining that they in fact make the products.

Stay tuned to our Facebook page for updates on how you can purchase our products.



Jacqui preparing new products.



Coronavirus (COVID-19)

Bayley House response to Coronavirus.

Bayley House has in place a Coronavirus control plan to protect clients, staff, volunteers and families.

The plan will be reviewed regularly as the pandemic evolves. We will continue to follow our infection control procedures while closely monitoring information and advice provided by the World Health Organisation, Commonwealth Department of Health, Department of Health and Human Services (DHHS), National Disability Services (NDS), the National Disability Insurance Scheme (NIDS), various Melbourne Disability Service providers and other sources.

At this time our Day Service will remain open, however, there may be some disruption over the coming weeks and months and if required, possible closure. Our residential facilities will also remain open but with potential to operate in a limited capacity.

Any changes to our operations will be posted on the Bayley House website in a dedicated Coronavirus section:

www.bayleyhouse.org.au/coronavirus-updates

We will continue to communicate via email and letters for those without email addresses. We will keep you informed of plans as they develop. If you have any queries please call Bayley House on 03 9982 1500 or email contactus@bayleyhouse.org.au

FOR ALL INFORMATION: www.bayleyhouse.org.au/ coronavirus-updates

Out and about With Boyley House





YES, I would like to make a donation!

My details:	
Title: First Name:	
Surname:	
Address:	
Suburb:	
State: Postcode:	
Contact Number:	
Email:	
Please accept my donation of:	
Please find my cheque enclosed	
(made payable to Bayley House)	
OR please debit my credit card:	
□ VISA □ Mastercard	
Name on Card:	
Expiry: /	
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monthly donations	
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OR scan and email this slip to	
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or by phone 03 9982 1500	
DONATE NOW	
Please send me more information on:	
Wills and Bequests	
Becoming a Volunteer	
Special occasion giving (donations in lieu of gifts)	
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All donations of \$2 or more are tax deductible	

Thank you for your support!





Bayley House specialises in supporting adults with an intellectual disability to live a full, engaged life.



LIVE

Daily living skills, promoting independence, positive relationships and connecting with the community.



CREATE

Visual and performing arts. It's as much about the process as the end product.



WELLBEING

Physical health and emotional wellbeing. We listen, create opportunities and offer choices.



LEARN

High quality, accredited courses and in-house activities catering to individual skill levels.



BELONG

Our homes are warm and welcoming. We foster social relationships and participation in all aspects of daily living through active support.

Dates to remember

3 APRIL

Family and Friends Easter Raffle

8 APRIL

Clients Break

10 APRIL

Good Friday

13 APRIL

Easter Monday

14 APRIL

In service Day Program Staff

15 APR

Clients Commence

6 MAY

Family and Friends Meeting

19 MAY

Volunteers and Supporters Thank you Function

3 JUNE

Family and Friends Meeting

29 JUNE

Clients Break

Noticeboard

Absentee

To all clients and families or carers, please let us know if you intend to be absent from Bayley House Services by calling (03) 9982 1500 or emailing dayservice@bayleyhouse.org.au

NDIS reminder

A reminder to notify Bayley House if you have an upcoming NDIS planning meeting and also when you receive your new NDIS plan. Once received we will organise a new Schedule of Supports (which now replaces Service Agreements and Amendments) to continue with activities within Day Programs, Hype and Fresh and Accommodation.

^{*} Dates may change and some events may be cancelled dependent on the potential impact of Coronavirus



Book launch

Bayley House now has eight published authors thanks to an innovative program that ran during 2019.

Eight clients, part of the Bayley House Writers Club were supported to research, write, illustrate and in fact publish their own book. This project ran for a year. Robbie, Georgina, Andrew, Tess, Sarah, Natalie, Angus and Courtney were supported by staff members Tess Hens, Paul Masterson and Angela Uyentenbogaart to bring their stories to life.

Working alongside our staff members were three very talented volunteers. Published authors, Diana Lawrenson and Emma Boyd guided the group through story ideas, character development and how story structure while Marjory Gardener, a children's book illustrator provided guidance around accompanying imagery.

Many lessons were learned along the way ranging from the practical aspects of collage illustration to the more esoteric questions around 'what is fiction'? The developmental aspects of this project are inspiring and so is the personal reinforcement of taking on a challenge and achieving an outcome which possibly surprised noone more than the clients themselves.

One of the key Bayley House Strategic Objectives is 'Empowered Learning and Education Skills' and it would be a challenge to imagine a better way to demonstrate this in real life; innovative, challenging and rewarding in equal parts.

The books were officially launched in December last year at Brighton Library, where the newly published authors read from their books and signed copies that had been sold to the public.

This entire program, including the very successful launch evening was a highlight of 2019 with all copies of the books selling out. We are currently looking at ways of producing the books digitally so that we can reach a wider audience.



Tess introducing the authors.

News roundup

VALID conference

Tuesday 25 February saw a group from Bayley House head down to Geelong for the Valid Having a Say Conference. The Having a Say conference is the largest conference for people with disabilities within Australia where people can find their voice, to speak up, to be heard and to be respected. Hayley, Frank, Bri, Gerald, Georgie, Sam, David and Katie all enjoyed joining in with activities throughout the day. By far one of the most enjoyable was the audience participation in Costa Hall, where instruments were given out in order to join in with the band on stage. We also heard some great information about goals and achievements in the My Journey presentations.

B20 cricket match

For a number of years now, Elsternwick CC has been hosting a cricket match for the Bayley House community. While most people get out onto the cricket pitch, we also have a loyal following that stick to the sausage sizzle and cheer us on from the sidelines.

After we smashed the batting this year, it was time for Elsternwick to put the pads on and see if they could defeat us. Sadly, for Elsternwick, this was not to be and Bayley House remained champions. If only they had set the timer on their lights for a little longer, they may have had a chance at winning. Well done to James and Holli who took out the Best on Field trophies and a huge thank you to Elsternwick CC for holding this event yet again.

Dropping a line

Each Wednesday a group of men from Bayley House make their way down to Frankston pier where they meet up with the team from 'That's The Thing About Fishing'. We have been joining in with the fishing club since late last year.

Glenn Cooper started the group many years ago with the aim of creating an inclusive space for a number of different groups within society who might not get the chance to learn how to fish. While we don't always manage to reel in a big catch, the most important part is joining in with this group, learning new skills and having fun.

